

Information and resources links

These links will provide information on furlough and potential resources.

Office of Personnel Management:

www.opm.gov Search for 'furlough', 'LWOP Fact Sheet'
www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/#url=Administrative-Furlough Addendum 2 and Addendum 3

Thrift Savings Plan: <https://www.tsp.gov> Click on 'Life Events'

Information is available regarding changing deductions, financial hardship in-service withdrawals, loans, etc.

Defense Civilian Personnel Advisory Services: Direct link to Furlough guidance
<http://www.cpms.osd.mil/Content/Documents/2013%20Furlough%20FAQs.pdf>

Department of the Army:

www.cpol.army.mil Click on Jan 23, 2013 - Risk Mitigation in the Face of Fiscal Uncertainty, plus more information

USARPAC Portal, under the SEQUESTRATION Starburst
(<https://portal.usarpac.army.mil/pages/default.aspx>)



Included is a Furlough Pay Calculator Tool – Note: This tool is not endorsed as a precise calculator but may be useful in determining affect on base bi-weekly pay. One calculator includes COLA.

Unemployment Compensation links:

www.workforcesecurity.doleta.gov/unemploy/unemcomp.asp
<http://hawaii.gov/labor/ui>
http://labor.alaska.gov/esd_unemployment_insurance/home.htm

Civilian Employee Assistance Program Offices

Hawaii: Bldg 2091 KOLEKOLE AVE (back of ACS), Schofield Barracks, HI – 808-655-6047
Alaska: 907-353-1381
Japan: Coordinator, Bldg 160, Camp Zama, Japan 263-8054
Korea: Pending

Hawaii Services:

Women, Infants and Children: <http://hawaii.gov/health/family-child-health/wic/>
Hawaii Department of Health Directory http://hawaii.gov/health/about/org_chart/directory.html
Food Stamp Program Now called SNAP www.humanservices.hawaii.gov
Hawaii Food Banks <http://www.foodpantries.org/st/hawaii>
Public Assistance: <http://www.freedentalcare.us/st/hawaii>
Rent assistance: <http://www.rentassistance.us/ci/hi-honolulu>
Free medical clinics: <http://www.freemedicalsearch.org/sta/hawaii>
Free dental clinics: <http://www.freedentalcare.us/st/hawaii>

Alaska Services

Women, Infants and Children

www.dhss.alaska.gov/dpa/Pages/nutri/wic/participants/wicwhoisfor.aspx

Food Stamps [dhss.alaska.gov/dpa/Pages/fstamps/](http://www.dhss.alaska.gov/dpa/Pages/fstamps/)

Public Assistance: <http://www.freedentalcare.us/st/hawaii>

Rental Assistance: <http://www.rentassistance.us/st/alaska>

Free medical clinics: <http://www.freemedicalsearch.org/sta/alaska>

Free dental clinics: <http://www.freedentalcare.us/st/alaska>

Other resources/information

Local religious entities

Red Cross

Banks

Credit Unions

FEDERAL EXECUTIVE BOARD

Honolulu-Pacific Federal Executive Board (FEB) is offering:

9 Apr 2013, 10:00 - 11:00 am - Free Financial Planning/Education presented by the Heartland Institute of Financial Education. Heartland is a non-profit organization. PJKK Federal Building

9 Apr 2013, 11:30 am - 12:30 pm - Free Financial Planning/Education presented by the Heartland Institute of Financial Education. Heartland is a non-profit organization. PJKK Federal Building

www.honolulu-pacific.feb.gov

FEDWEEK

TO ALL FEDERAL EMPLOYEES ON UPCOMING SEQUESTRATION FURLOUGHS

Download Now: Tuesday, February 26, 2013

FEDweek has just produced a FREE Download on its website that explains the Five W's of how the sequestration will directly affect federal employees in as early as this Friday. Furloughs are expected to hit some 800,000 employees who will be told to stay home.

The Five Ws of Sequestration

A Guide to Furloughs and Other Threats to Federal Employees

This FREE Download will be passed around throughout the entire federal government. Simply put, it will answer these five questions with simple, straightforward yet thorough answers that give you clarity as to how and who it affects:

1. Why are federal employee furloughs being threatened?
2. Where are the greatest threats to employees?
3. Who would be furloughed?

4. When will furloughs happen?
5. What happens if I get a furlough notice?

Go to <http://www.fedweek.com/HFI>

<blocked<http://fedweek.sparklist.com/t/296793640/2051476/3010/11/>> to

Download The Five W's of Sequestration now and forward to all your coworkers.